

Animal Guide

Knowing Your Guardian Spirit,
Clan, and Medicine Helper



Tamarack Song

Animal Guide: Knowing Your Guardian Spirit, Clan, and Medicine Helper
By Tamarack Song

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About the Author

We are blessed to be in the midst of a great resurgence in Dodemic awareness. Many of us are fortunate to be at or near the step in our Life Journey where we can consciously walk with our Dodem. Some of us will meet her on our Dreamquest, in the Sweat Lodge, or elsewhere, and some of us already know her but don't recognize her as such. Or, as occasionally occurs, our Dodem will appear directly before us and claim us. She will reveal herself when she feels welcomed and is shown Respect for her Kind. This includes Respect of Self, for Dodem and Self are of shared soul.

Perhaps the most solid step we can make toward knowing our Dodem is to learn better to listen, see, and feel. The awareness and Attunement skills we gain in our reawakening as Native People is the bridge between our culture and language and theirs. We will then begin to recognize our Dodem in our Dreams and in certain seemingly repetitious and somewhat out-of-the-ordinary events.