

LIKE A SHADOW

THE LIFE AND TRAINING OF A GUARDIAN-WARRIOR

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Like a Shadow: The Life and Training of a Guardian Warrior
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Acknowledgements

Some call him Scout, many would call him Warrior, and still others know him as Protector. To Native people he is Guardian. He is the manifestation of their courage, selflessness, and desire to serve. The Guardian can be female or male, old or young. He is invisible, alert, and detached. He is sentry, wayfinder, messenger, ambassador, sleuth, defender, provider, brother, and sister. His presence gives peace of mind to his people so that they can comfortably pursue their day's activities and rest peacefully at night.

In this day the Guardian is needed again by his people, perhaps like never more than ever before. This book will guide you to where he can be found within yourself. You may be surprised at to discover how close he lives to your heart. He lives.

We as a All people need protection in a variety of ways. Sometimes that means protection from the weather or other a natural disaster, sometimes perhaps from an "enemy," other times from the burdens of clan and family, and sometimes occasionally even from ourselves. The Guardian is trained to serve as a protector in all of these various ways. Perhaps most importantly, she protects the state of well-being of his or her people, by helping to assure a low level of stress and a high level of personal satisfaction in life. He will fill in when parents need a helping hand. He She will protect and defend someone who is being persecuted or falsely accused. He will stand up for the exploited and disadvantaged. He will protect people from their own folly, from their shortsightedness and errors of judgement judgment. Because he functions from a place of greater perspective; he is sometimes able to foresee what peril looms ahead.

When a Guardian meets conflict on her mission, her high degree of training in methods of camouflage, avoidance, and deception allows her to cause the least minimize her impact upon others and their Paths. She has a highly attuned spiritual sense understanding for that the Liferforce in others as being the same as that which is the same substance that flows through her, so she accords grants those who stand in her Path the utmost respect and space. If there is no other way to navigate around them, she is also highly trained to will remove them in the most efficient, least harmful way possible. When she has no choice but to fight, the Guardian does not fight against anything or anyone; she fights for things: Balance, connection, and respect for all creatures on Earth.